



EDUCATIONAL
TOURS



GLOBAL LEADERSHIP SUMMIT:
CREATING A SUSTAINABLE FUTURE

Rome, Florence, Bologna & Leadership Conference

Farm-to-table may be buzzworthy in the United States, but Italy has always been a leader in the art of fresh, regional cuisine. As you travel through this picturesque country, consider the positive environmental, nutritional, and economic impacts of sourcing local and organic ingredients. Visit historic sites, learn about sustainable agriculture, and eat gelato everywhere in between. In Berlin, come together with other students and teachers to explore innovative solutions for *Creating a Sustainable Future*.

13 DAY TOUR: JULY 6–18, 2023

Creating a Sustainable Future

Our world is constantly changing, along with our priorities, our plans, and our future. When it comes to building a sustainable future, what we do today matters. The first step? Defining what sustainable living means for you—whether it's promoting peace and justice, protecting education and the environment, or preserving language and culture. Our 2023 Global Leadership Summit will explore the importance of *Creating a Sustainable Future* and the power we have to create long-term change through our daily actions. Sound big? It is. But together, our impact is bigger.

WHAT TO EXPECT ON A SUMMIT

Immersive travel

Explore Europe on an immersive educational tour centered around *Creating a Sustainable Future* in eye-opening destinations.

Thought leaders among us

Learn from experts like Al Gore, Google, Jane Goodall, UNICEF, and Sir Ken Robinson during engaging workshops and discussions.

Project-based learning

Working on a small international team, you'll use the design-thinking process to create and present solutions to a global challenge.

Change you can feel

From innovative thinking to public speaking, every moment at an EF Summit is designed to inspire growth.

YOUR EXPERIENCE INCLUDES

Full-time Tour Director; 5 sightseeing tours led by expert, licensed local guides; 2 experiential activities; entrance fees for Colosseum, Roman Forum, Sistine Chapel, St. Peter's Basilica, cooking class, FICO World Eatery, Topography of Terror Museum; conference registration; round-trip flights on major carriers; comfortable motorcoach; hotels with private bathrooms; breakfast and dinner daily; lunch on days 11 & 12



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Innovate.
Collaborate.
Dance break.
Repeat.



Day 1: Fly overnight to Italy

Day 2: Rome

- Meet your Tour Director at the airport in Rome, a city that joins the past and present of regional food identity better than any other. As you explore ancient and incredible sites, discover how Rome’s culinary traditions tie deeply into its history and culture.

Day 3: Rome

- Enjoy an expertly guided tour of Rome. Channel your inner-gladiator in the Colosseum, and explore the Roman Forum—once the center of political affairs and a bustling marketplace for fresh foods and spices.
- Take a self-guided walking tour of Rome to see the Trevi Fountain, Pantheon, Piazza Navona, and Spanish Steps.
- Participate in an activity focused on *Creating a Sustainable Future*.

Day 4: Rome

- Take an expertly guided tour of Vatican City, the world’s smallest state, which has committed to ending the sales of single-use plastic.
- Visit St. Peter’s Basilica. Inside, pass under gilded archways and see the burial site of St. Peter, who is traditionally considered the first pope of Rome.
- Experience the Sistine Chapel and take in Michelangelo’s masterpiece, the breathtaking domed ceiling.
- Explore Rome on your own during free time.



Explore the Colosseum, the world’s most famous arena that preserves the city’s ancient cultures and traditions.



Participate in an Italian cooking class, and think about where your ingredients came from.

Day 5: Rome | Florence

- Continue on to Florence—birthplace of the Renaissance and Italian language. Here you will discover how history and geography influence the region’s cuisine.
- Enjoy time exploring Florence on your own.
- Try your hand at making Tuscan cuisine during a cooking class. Be sure to ask your instructor about the local ingredients being used in the dishes!

Day 6: Florence

- Take an expertly guided tour of Florence to see the Ponte Vecchio, Piazza della Signoria, Chiesa di Santa Croce, Gates of Paradise, and the famous Duomo.
- Visit a local organization to learn about their sustainability practices.

Day 7: Florence | Bologna

- Travel to Bologna, the seventh largest city in Italy, and the largest of the Emilia-Romagna region. Often referred to as the capital of Italian gastronomy, Bologna is home to some of Italy’s most famous culinary delights, including Bolognese sauce.
- Take a guided tour of Bologna.

Day 8: Bologna | Milan

- Tour FICO Eataly World, the world’s largest agri-food park, home to working farms and local vendors serving up tasty Italian dishes. While you’re savoring fresh Italian flavors, think about the story behind each bite.
- Travel to Milan.

Day 9: Milan | Berlin

- Fly to Berlin, the vibrant capital of reunified Germany. The city has been transformed since the Berlin Wall fell in 1989 and is becoming one of the most exciting food destinations in Europe. Its culinary scene features a unique mix of international fare and classic German dishes with a focus on green eating. Keep an eye out for the city’s farm-to-table spots as you stroll along Unter den Linden on your walking tour of the city.

Day 10: Berlin | Leadership Conference

- Take an expert-led tour of Berlin to see the Brandenburg Gate, Kurfürstendamm, and remains of the Berlin Wall.
- Stop at Checkpoint Charlie and visit the Topography of Terror Museum.
- Kick off your leadership conference experience.

Days 11–12: Leadership Conference in Berlin

The leadership conference continues as you connect with other students in this inspiring and innovative setting. Over the course of the conference, you will hear from world-renowned keynote speakers, work with local and global experts, and collaborate with peers in small international teams. Using the design-thinking process, teams will develop solutions focused on *Creating a Sustainable Future*.

Day 13: Depart for home

Head to the airport ready to address local challenges and initiate meaningful conversations back home.

JOIN A GLOBAL COMMUNITY. MAKE A LASTING IMPACT.

EF Global Leadership Summits help today's students become tomorrow's leaders. It's immersive travel, meets three-day student leadership conference, meets change you can see and feel—and it doesn't stop there.

Each Summit has a unique theme that challenges students to tackle a significant global issue. This programming goes hand-in-hand with specially designed educational tours, where students will experience eye-opening destinations from an entirely new perspective.

So, what does learning look like for students at an EF Summit?

- **Finding what motivates you.** Explore global topics alongside world-renowned speakers and while attending expert-led workshops.
- **Discovering what matters to others.** Collaborate in international teams to prototype innovative solutions to global challenges. The top teams will pitch their ideas on stage to earn a spot in the Nobel Prize Museum in Stockholm, Sweden.
- **Using it all to make a difference.** Bring these lessons home with you to create positive change in your own community. You can also further deepen your Summit experience by enrolling in an exclusive online course through Southern New Hampshire University that will earn you three transferable college credits.

When you join a Global Leadership Summit, you join an awesome and inclusive community of global citizens. Let's come together to see what we're capable of.

Visit eftours.com/summithighlights to see our past Summits in action.

SPACE IS LIMITED

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eftours.com/enroll

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