



Educational Tours

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eftours.com/

This is also your tour number

EXPERIENCE CUBA: CULTURE & COMMUNITY

8 days / Cuba

Immerse yourself in Cuban culture through a truly educational experience. In Havana, Cuba's capital city, discuss the region's conservation efforts, educational resources, and national identity with locals. Journey east to Cienfuegos and discover Cuba's culture firsthand with a trip to an art studio as well as music and dance performances.

EVERYTHING YOU GET:

- Full-time Tour Director in Cuba**
- Sightseeing:** Comprehensive sightseeing of natural attractions
- Entrances:** Meaningful interactions through People-to-People activities
- weShare:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
- All of the details are covered:** Comfortable motorcoach; 7 overnight stays in hotels with private bathrooms; 3 meals daily; dinner on arrival day; breakfast on departure day; ASISTUR Cuba medical insurance



Cienfuegos



Trinidad

Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your **Tour Director** in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, **weShare**, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. **Expert local guides** will lead your group on sightseeing tours, providing detailed views of history, art, architecture or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@Eftours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

— MELISSA, TRAVELER



Via Twitter



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at
eftours.com/

Your teacher's Tour Website



Learn from your Tour Director and expert local guides



What you'll experience on your tour

Day 1: Fly to Havana

- Hola and welcome to Havana, where you will meet your Cuban Tour Director at the airport.
- Take a walking tour of Old Havana.
- Visit a Children's Community Project.

Day 2: Havana | Mayabeque Province

- Travel to the Mayabeque Province, an area that boasts beautiful beaches and a thriving agricultural community.
- Meet with members of the Las Terrazas community.
- Engage in a discussion with a local naturalist and learn about the region's terrain.
- Meet with a local landscape artist.
- Return to Havana.
- Visit the home and studio of José Fuster, a multi-talented artist who creates ceramics, paintings, drawings, and more. Discuss the impact of his artwork on the community.

Day 3: Havana | Zapata | Cienfuegos

- In a workshop at Zapata National Park, discuss the importance of conservation in areas like the Zapata Swamp—a marshland known for hosting over 900 plant species and 1,000 types of invertebrates.
- Visit the Bay of Pigs Museum
- Visit the Korimacao Community Project.
- Journey to Cienfuegos.

Day 4: Cienfuegos | Trinidad

- Visit Cienfuegos Botanical Garden with a local naturalist.
- Travel to the village of Trinidad and interact with local artists.
- Take a walking tour of Trinidad historical center.
- Visit a local art gallery and pottery workshop.

Day 5: Cienfuegos | Santa Clara

- Take a walking tour of Cienfuegos.
- Visit the Benny More Art School and discuss the role of music and dance in Cuban culture.
- Attend a chamber performance at Cienfuegos Orchestra. Contemplate music as an international language while exploring cultural influences in classical music with the performers.
- Travel to Santa Clara, a city known for its vast green spaces and traditional dance venues.
- Interact with a group of residents at an elderly Community Center.
- Visit the Che Guevara Mausoleum.
- Return to Cienfuegos.

Day 6: Cienfuegos | Remedios

- Travel to Remedios and meet with private owners of Bici-Taxi, a small-scale, human-powered rickshaw service popular throughout the country.
- Learn about the sugar industry at a former sugar mill.
- Play a game and interact with a local sports team.
- Learn about Las Parrandas de Remedios as you tour a fireworks warehouse with an expert, local guide.
- Return to Cienfuegos.

Day 7: Cienfuegos | Havana

- Return to Havana
- Speak with faculty and students at the University of Havana about access to education, university resources, and preparation for post-education careers.
- Visit the Muraleando Community Project to discuss the impact of art on communities with the artists and their students.

Day 8: Depart for home

People-to-People

EF Educational Tours is pleased to offer educational and cultural exchanges to Cuba. EF qualifies for the people-to-people general license established by the Office of Foreign Assets Control of the U.S. Department of the Treasury ("OFAC"). Under this license, EF will offer educational and cultural exchanges and conversations with the people of Cuba. The itinerary is subject to change based on day of week and availability, but a complete people-to people itinerary will always be maintained.

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1.

2.

3.

— The easiest ways to —

ENROLL TODAY



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eftours.com/enroll



Enroll by phone
800-665-5364



Enroll by mail
EF Educational Tours
Two Education Street
Cambridge, MA 02141

Our child came home a citizen of a global community with a greater understanding of their part in the world. Now, they understand that there is so much more out there than our everyday

—CHARLOTTE, DAUGHTER TRAVELED JUNE 2015

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 50 years EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- We always offer the lowest prices, guaranteed so more students can travel.
- We're fully accredited, just like your school, so you can earn credit while on tour.
- All of our educational tours feature experiential learning activities and visits to the best sites.
- We're completely committed to your safety. We have more than 500 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- Your full-time Tour Director is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

